

**Minnesota True Team
Track and Field Championships
Stillwater Senior High School
May 21 & 22, 2010**

Time Schedule

| Field Events | Saturday Class A | Saturday Class AA | Friday Class AAA |
|--------------------------------|---------------------|----------------------|---------------------|
| Field Events Begin | 10:00 am | 3:00 pm | 4:00 pm |
| Girls Discus | | | |
| Boys Shot Put | | | |
| Pole Vault | | | |
| Boys and Girls Long Jump | | | |
| Boys and Girls Triple Jump | | | |
| Boys and Girls High Jump | | | |
| Girls Shot Put | 12:00 pm | 5:00 pm | 6:00 pm |
| Boys Discus | | | |
| Running Events | Saturday Class A | Saturday Class AA | Friday Class AAA |
| 4 X 800 Meter Relay (Girls) | 11:00 am | 4:00 pm | 4:30 pm |
| 4 X 800 Meter Relay (Boys) | 11:15 am | 4:15 pm | 4:45 pm |
| 100 Meter High Hurdles (Girls) | 11:25 am | 4:25 pm | 4:55 pm |
| 110 Meter High Hurdles (Boys) | 11:35 am | 4:35 pm | 5:10 pm |
| 100 Meter Dash (Girls) | 11:45 am | 4:45 pm | 5:25 pm |
| 100 Meter Dash (Boys) | 11:50 am | 4:50 pm | 5:35 pm |
| 4 X 200 Meter Relay (Girls) | 11:55 am | 4:55 pm | 5:45 pm |
| 4 X 200 Meter Relay (Boys) | 12:00 pm | 5:00 pm | 5:50 pm |
| 1600 Meter Run (Girls) | 12:05 pm | 5:10 pm | 6:00 pm |
| 1600 Meter Run (Boys) | 12:15 pm | 5:20 pm | 6:10 pm |
| 4 X 100 Meter Relay (Girls) | 12:30 pm | 5:35 pm | 6:25 pm |
| 4 X 100 Meter Relay (Boys) | 12:35 pm | 5:40 pm | 6:30 pm |
| 400 Meter Dash (Girls) | 12:45 pm | 5:50 pm | 6:40 pm |
| 400 Meter Dash (Boys) | 12:55 pm | 6:00 pm | 6:50 pm |
| 300 Meter Hurdles (Girls) | 1:05 pm | 6:10 pm | 7:05 pm |
| 300 Meter Hurdles (Boys) | 1:20 pm | 6:25 pm | 7:25 pm |
| 800 Meter Run (Girls) | 1:30 pm | 6:35 pm | 7:40 pm |
| 800 Meter Run (Boys) | 1:40 pm | 6:45 pm | 7:50 pm |
| 200 Meter Dash (Girls) | 1:50 pm | 6:55 pm | 8:00 pm |
| 200 Meter Dash (Boys) | 1:55 pm | 7:00 pm | 8:10 pm |
| 3200 Meter Run (Girls) | 2:05 pm | 7:10 pm | 8:20 pm |
| 3200 Meter Run (Boys) | 2:20 pm | 7:25 pm | 8:35 pm |
| 4 X 400 Meter Relay (Girls) | 2:35 pm | 7:40 pm | 8:50 pm |
| 4 X 400 Meter Relay (Boys) | 2:45 pm | 7:50 pm | 9:00 pm |
| Awards | 2:55 pm | 8:00 pm | 9:15 pm |